

1st Region Boys Champions

| Year | School | Results |
|------|------------------|-----------------------|
| 1990 | Mayfield | Lost in Opening Round |
| 1991 | Murray | Lost in Quarterfinals |
| 1992 | Hickman County | Lost in Quarterfinals |
| 1993 | Fulton County | Lost in Finals |
| 1994 | Heath | Lost in Semifinals |
| 1995 | Murray | Lost in Quarterfinals |
| 1996 | Mayfield | Lost in Semifinals |
| 1997 | Mayfield | Lost in Quarterfinals |
| 1998 | Hickman County | Lost in Quarterfinals |
| 1999 | St. Mary | Lost in Quarterfinals |
| 2000 | St. Mary | Lost in Quarterfinals |
| 2001 | St. Mary | Lost in Semifinals |
| 2002 | St. Mary | Lost in Opening Round |
| 2003 | Mayfield | Lost in Quarterfinals |
| 2004 | Carlisle County | Lost in Quarterfinals |
| 2005 | Heath | Lost in Opening Round |
| 2006 | Mayfield | Lost in Quarterfinals |
| 2007 | Heath | Lost in Opening Round |
| 2008 | Murray | Lost in Quarterfinals |
| 2009 | Murray | Lost in Opening Round |
| 2010 | Ballard Memorial | Lost in Opening Round |
| 2011 | Heath | Lost in Quarterfinals |
| 2012 | Heath | Lost in Semifinals |
| 2013 | Carlisle County | Lost in Opening Round |
| 2014 | St. Mary | Lost in Opening Round |
| 2015 | Murray | Lost in Opening Round |
| 2016 | Murray | Lost in Finals |
| 2017 | Mayfield | Lost in Quarterfinals |
| 2018 | Mayfield | Lost in Semifinals |
| 2019 | Mayfield | Lost in Quarterfinals |
| 2020 | Murray | Lost in Semifinals |
| 2021 | Murray | Lost in Quarterfinals |
| 2022 | Murray | Lost in Quarterfinals |
| 2023 | Murray | Lost in Opening Round |