1st Region Girls' Champions

Year	School	Results
1991		
1992		
1993	Mayfield	Lost in Semifinals
1994	Hickman County	Lost in Opening Round
1995	Fulton County	Lost in Opening Round
1996	Murray	Lost in Opening Round
1997	Murray	Lost in Quarterfinals
1998	Fulton County	Lost in Opening Round
1999	Murray	Lost in Opening Round
2000	Murray	Lost in Opening Round
2001	Heath	Lost in Opening Round
2002	Murray	Lost in Quarterfinals
2003	Mayfield	Lost in Quarterfinals
2004	Murray	Lost in Quarterfinals
2005	Murray	Lost in Quarterfinals
2006	St. Mary	Lost in Finals
2007	St. Mary	Lost in Opening Round
2008	Ballard Memorial	Lost in Quarterfinals
2009	Ballard Memorial	Lost in Quarterfinals
2010	Murray	Lost in Semifinals
2011	Ballard Memorial	Lost in Opening Round
2012	Murray	Lost in Opening Round
2013	Murray	Lost in Opening Round
2014	Murray	Lost in Opening Round
2015	Murray	Lost in Finals
2016	Murray	State Champion
2017	Murray	Lost in Quarterfinals
2018	Murray	State Champion
2019	Murray	Lost in Quarterfinals
2020	Murray	Lost in Quarterfinals
2021	Murray	Lost in Opening Round
2022	Carlisle County	Lost in Opening Round
2023	Carlisle County	Lost in Opening Round
2024	Mayfield	Lost in Opening Round
2025	Mayfield	Lost in Opening Round